

MEMPHIS



TAKEOVER 2025

TENTATIVE ITINERARY

Thursday, May 1- Sunday, May 4, 2025

"Let's Turn Beale Street GREEN with Jumping, Laughter, and Sisterhood!"

LET'S GO!

May 1, 2025--Thursday 7pm-10pm Host Hotel

Pajama Jam/Paint-n-Sip/Fun & Games--Cash bar and Snacks

Suggested Attire: Green PJ link below:

(copy link to your browser) <https://share.temu.com/GDNjzz5FHIA>

May 2, 2025--Friday 9am-11am

Double Dutch Therapy 1st Annual Fit Fabulous and Healthy 3k/5k Walk

Location TBD

Suggested Attire: Green T-Shirt

May 2, 2025--Friday 6pm - 10pm

Double Dutch Therapy Green Enchantment After 5 Affair

(Dinner and Entertainment included)

Suggested Attire: Green Elegance

May 3, 2025--Saturday 8:30am - 11am

National Civil Rights Museum & Memphis Heritage Trail

Suggested Attire: TAKEOVER GEAR

May 3, 2025--Saturday 2pm - 4:30pm

Beale Street Double Dutch TAKEOVER 2025

Ida B. Wells Monument @ 4th & Beale St

Green Beale St T-Shirt, White Bottoms

May 3, 2025--Saturday 6pm - 8pm

Party Bus

Suggested Attire: TAKEOVER GEAR

May 4, 2025--Sunday 9am - 11am

Prayer Walk--Big River Crossing

Suggested Attire: Green Baseball Jersey/White Bottoms

Departure Breakfast/Brunch

Estimated costs are contingent upon attendance and finalized costs will be provided